

Toiletry Kits

NOTE: The following lists are suggestions. You may adjust as you see fit. Please pack in 2 gallon resealable plastic bags.

Women

- 1 bath towel
- 1 wash cloth
- 1 deodorant
- 1 bar of soap or travel size body wash
- 1 tooth brush
- 1 regular size tooth paste
- 1 travel size shampoo
- 1 travel size conditioner
- 1 disposable razor
- 1 travel size shaving cream
- 1 pack travel size sanitary products
- 1 comb
- 1 nail clipper
- 1 nail file
- 2 band aids

Men

- 1 bath towel
- 1 wash cloth
- 1 deodorant
- 1 bar of soap
- 1 toothbrush
- 1 regular size toothpaste
- 1 travel size shampoo
- 1 disposable razor
- 1 travel size shaving cream
- 1 comb
- 1 nail clipper
- 2 band aids